



Richmond Churches Food Centre Incorporated
a ministry by members of the Richmond Parishes of the Anglican, Catholic and Uniting Church of Australia

Food Drive

The food centre can use any food that is shelf stable, in date and sealed. However there are some items that are especially useful and in demand. Items in **bold** below are particularly useful.

Items that we always use at the Food Centre are-

- Pasta- all types
- Noodles- Regular, 2 minute and cup noodles
- Rice- all types- dried and pouches of cooked rice
- Beans & lentils- canned or dried
- Vegetables- Canned (peas and sweetcorn are especially welcome)
- **Soup- Tins, packets and 'cup-a-soup' all flavours**
- Pasta sauce- all types in jars, cans of meat based pasta sauce especially welcome
- Canned tomatoes and passata- all kinds
- **Milk- UHT all types and sizes**
- Breakfast cereal- all types (sachets of flavoured instant porridge especially welcome)
- Biscuits- sweet or savoury
- Canned beans/spaghetti in tomato sauce
- Canned tuna/salmon/spam all types and sizes
- Instant coffee, hot chocolate and milo (jars and sachets all sizes)
- **Meals in a can- Cans of meat stew/casserole etc. There is a high demand for this especially for those with limited cooking facilities or those that are homeless.**
- **Jam, Honey, Marmalade-all types**
- **Shampoo & bars of soap**
- Tampons & sanitary pads- all types
- Bladder control pads
- **Recycled shopping bags**

Please contact the Food Centre at the phone or email below if you have any questions.

Many thanks